

**Event Information:**

**12:30-2:00pm Registration**

Enjoy food, raffle baskets, face painting, music & other fun activities!

**2:00-2:45pm Fun Runs & Walk Warm Up**

**\*\*NEW THIS YEAR\*\*** Join us on the track for some short fun runs before the walk. Racers will be grouped by age.

**2:45-3:00pm One Mile Walk**

Great for all ages and abilities!

**3:00-5:00pm**

Each participant that pays the \$25 registration fee can enjoy 2 hours of rides at Playland's Castaway Cove

**Participation Fees:**

-Participant with ride bracelet..... \$25

-Participants without ride bracelet.....\$15

No participation fee for our loved ones with Down syndrome

The first 200 participants to check in at the walk will receive a 2017 Buddy Walk t-shirt.

Please go to our website [www.21Down.org](http://www.21Down.org) for full event details and online registration

19th Annual

# 21 Down Buddy Walk

Sunday, October 8  
2017



The Buddy Walk was developed by the National Down Syndrome Society in 1995 to promote acceptance, inclusion & awareness of people with Down syndrome. Since then the Buddy Walk has grown from 17 walks to 300 walks planned worldwide.

**Contact Info:**

Questions or general info call Pam @ 609-390-5645

Business Sponsors call Meg @ 609-457-4362

Volunteers call Heather @ 609-457-6787

**\*\*All contributions are tax deductible as allowed by law\*\***

21 Down is a local support group initiated in 1990 by a small group of concerned parents of children with Down syndrome. Since then we have grown to over 200 families of children and adults with special needs including cerebral palsy, autism and developmental delays in addition to Down syndrome.

Our mission is to create awareness and acceptance of Down syndrome and developmental disabilities and to promote inclusion in community life. Also, we provide monthly social opportunities for our families to enjoy throughout the year! We are a network of families who share resources and information on navigating health care, education, support & advocacy.

21 Down membership is open to families in Cape May & Atlantic Counties that have a loved one with Down syndrome or a developmental disability.

